

AESURG 2020 Scientific Program						
15th February 2020, Saturday (Docked at Mumbai)						
AESURG 2020						
Time	Module	Topic No.	Topic	Timing	Speaker	
Session 1						
2.00 pm - 3.25 pm	Non-Surgical Aesthetic Topics	Chairpersons: Dr Ravi Mahajan, Dr Sandeep Sattur, Dr Charudutta Chaudhari				
		1	Skin lightening modalities: Role of Creams and Glutathione	12 mins	Dr Apratim Goel	
		2	Cream Programs: Day & Night programs for Eyelids/Pigmentation/ Rejuvenation	12 mins	Dr Falguni Shah	
		3	Energy based devices: HIFU/RF/Coolsulpt	12 mins	Dr Madhuri Agarwal	
		4	Hair Transplant: Comparison between FUE & FUT	20 mins	Dr. Anastasios Vekris	
		5	Medical management of Hair loss including Role and Efficacy of New Molecules	20 mins	Dr. Sandeep Sattur	
			Discussion/Q & A			
Continuous tea/coffee in the Auditorium						
Session 2						
3.25 pm to 4.15pm	Faculty lectures	Chairpersons: Dr Sandeep Sharma, Dr Hari Menon, Dr Anand Joshi				
		6	Tips and Tricks in managing Medical Tourists	10 mins	Dr. Rakesh Kalra	
		7	Medico-legal considerations in aesthetic practice- 10 Commandments	10 mins	Dr. Medha Bhave	
		8	Setting up an Aesthetic Surgery Centre - step by step	10 mins	Dr. Jayanthi Ravindran	
		9	Multi-modality approach to Scar Management	15 mins	Dr. Uddhav Patil	
			Discussion/Q & A			
Chairpersons: Dr Vimla Rajan, Dr Uddhav Patil, Dr Ajay Hariani						
4.15pm - 4.35pm			CR Sundarrajan Oration: Profileplasty	20 mins	Dr. Kulwant Bhangoo	
4.40pm - 5.15pm INAUGURATION FUNCTION Guest of Honor: Dr R L Thatte						
5.30 pm onwards Mandatory Ship Drill						

ISAPS Symposium (Day 1 - Full day)					
16th February 2020, Sunday (Docked at Mumbai)					
8.30 am - 8.45 am			INAUGURATION OF ISAPS SYMPOSIUM		
Session 3			Chairpersons: Dr Vakis Kontoes, Dr Sanjay Parasher		
8.45 am. - 10.35 am	Face 1	10	Different SMAS Techniques: When, How and Why	25 mins	Dr. Vakis Kontoes
		11	Personal approach to facelift- Combination of procedures through short incisions	20 mins	Dr. Ozan Sozer
		12	Personal Odyssey of Facial Rejuvenation - A Multi modality approach	25 mins	Dr. James Grotting
		13	Facial Jowl reduction and Trans-SMAS open thread lifting	15 mins	Dr. Francisco Bravo
		14	Perspectives on Facelifts specific to Indian Patients	15 mins	Dr Ashish Davalbhakta
			Discussion/Q & A		
10.35 - 10.50 am			Tea/Coffee		
Session 4			Chairpersons: Dr Ozan Sozer, Dr Manoj Khanna		
10.50 am - 12.45 pm	Face 2, Neck & Eyelids 1	15	Comprehensive Deep Neck lift (with video demos of maneuvers)	30 mins	Dr. Ozan Sozer
		16	Superficial lateral brow lift- Deep temporal fascia fixation	15 mins	Dr. Francisco Bravo
		17	Secondary problems and complications of face lift	25 mins	Dr. James Grotting
		18	How to stay safe in Blepharoplasty	15 mins	Dr Lokesh Kumar
		19	Upper and lower blepharoplasty, past & present, avoiding complications	20 mins	Dr. Vakis Kontoes
			Discussion/Q & A		
12.45pm - 1.45 pm			Lunch		
Session 5			Chairpersons: Dr James Grotting, Dr Ashish Davalbhakta		
1.45pm - 3.15pm	Breast 1	20	Bottoming out and Inframammary fold violation in Aesthetic Breast surgery	20 mins	Dr. Vakis Kontoes
		21	Triple component natural Breast Augmentation	20 mins	Dr. Francisco Bravo
		22	Dual Plane Breast Augmentation (Video)	15 mins	Dr Kulwant Bhangoo
		23	Breast Augmentation in Transgenders	12 mins	Dr James Roy Kanjoor
		24	Tuberous Breasts: Many more than identified - Analysis and Correction	12 mins	Dr Sanjay Parasher
			Discussion/Q & A		
			Continuous Tea / Coffee service in the Auditorium		
Session 6			Chairpersons: Dr Francisco Gomez Bravo, Dr Rakesh Kalra		
3.15 pm - 5.00pm	Breast 2	25	Augmentation Mastopexy : Pearls for putting it all together	20 mins	Dr. James Grotting
		26	L-Scar freehand Mastopexy with upper pole auto-augmentation turn over flap	15 mins	Dr. Francisco Bravo
		27	Breast Reduction using Hall Findlay technique - the why and how	15 mins	Dr Manoj Khanna
		28	Vertical sculpted pillar technique Breast Reduction	20 mins	Dr. James Grotting
		29	Difficult cases in Aesthetic Breast surgery: How to manage them	20 mins	Dr. Vakis Kontoes
			Discussion/Q & A		

17th February 2020, Monday (At sea, En route to Mangalore)

ISAPS Symposium (Day 2)

Session 7					
8.30 am to 10.45am	Face 3, Neck & Eyelids 2		Chairpersons: Dr Lokesh Kumar, Dr Shailesh Vadodaria		
		30	Judicious use of Liposuction and Chin augmentation in Face-lifting	15 mins	Dr Shailesh Vadodaria
		31	Philtrum Accentuating Upper Lip Lift	15 mins	Dr. Francisco Bravo
		32	Graduated approach to neck rejuvenation	25 mins	Dr. James Grotting
		33	Dual plane reduction neck-lift	20 mins	Dr. Francisco Bravo
		34	Volumising and gliding of peri-orbital structures	20 mins	Dr. Ozan Sozer
		35	Autoaugmentation upper blepharoplasty, etiopathogenic approach	20 mins	Dr. Francisco Bravo
		36	The Single Suture Traction Technique in eyelid surgery. A multifunctional canthopexy	7 mins	Dr. Vakis Kontoes
		Discussion / Q&A			
10.45am - 11.05 am	Breast 3	37	Self Improving Breast Reduction	20 mins	Dr Ozan Sozer
11.05 - 11.25 am	Tea/Coffee				
AESURG 2020 continues					
			Chairpersons: Dr Lakshyajit Dhami, Dr Medha Bhave, Dr Aditya Aggarwal		
11.25 am - 11.50 am	Arumugam Oration: Rhinoplasty in Indian patients			20 mins	Dr. Lokesh Kumar
Session 8					
11.50am - 1.10 pm	Rhinoplasty and Otoplasty		Chairpersons: Dr Subramania Iyer, Dr Mukund Jagannathan, Dr M L Jain		
		38	Keynote lecture: Key maneuvers in Preservation Rhinoplasty	20 mins	Dr. Francisco Bravo
		39	Deviated nose: Assessment, pathology and techniques for stable correction	20 mins	Dr. Sanjay Parasher
		40	Topic in Rhinoplasty	15 mins	Dr. Venkataramana
		41	Suture vs scoring technique for correction of prominent ears	15 mins	Dr. Shailesh Vadodaria
		Discussion/Q & A			
1.10 pm - 2.10 pm	LUNCH				
2.10pm - 2.30pm					
	Chairpersons: Dr Kuldeep Singh, Dr James Roy Kanjoor, Dr Rajat Gupta				
	U S Nayak Oration: Facial rejuvenation- Volumising the face with minimally invasive thread-lift or conventional aesthetic surgery			20 mins	Dr. Vakis Kontoes

Session 9			Chairpersons: Dr Kulwant Bhangoo, Dr Anil Tibrewala, Dr Brijesh Mishra		
2.30 pm - 4.10pm	Body Contouring 1	42	Keynote Lecture: Optimising results in circumferential Lipoabdominoplasty	20 mins	Dr. Ozan Sozer
		43	Principles of body contouring following massive weight loss	15 mins	Dr. Shailesh Vadodaria
		44	Belt lipectomy / Lower body lift in Indian patients	15 mins	Dr. Sandip Jain
		45	Repair of secondary deformities after body contouring surgery	20 mins	Dr. Ozan Sozer
		46	Autologous Buttock Augmentation	20 mins	Dr Ozan Sozer
			Discussion/Q & A		
4.10 pm - 4.30 pm	Tea/Coffee				
			Chairpersons: Dr R Murugesan, Dr Sandeep Jain, Dr Vinod Vij		
4.30pm - 4.50 pm	Mathangi Ramakrishnan Oration: How safe is Aesthetic Plastic Surgery- Lessons learnt from big data			20 mins	Dr. James Grotting
18th February 2020, Tuesday (Docked at Mangalore)					
Session 10			Chairpersons: Dr Shrirang Pandit, Dr Mohan Rangaswamy, Dr Syed Illyas		
8.30 am - 10.40 am	Body Contouring 2	47	Keynote lecture: Concepts in contouring the body by liposculpture	20 mins	Dr. Shrirang Pandit
		48	Liposculpture- personal perspectives	15 mins	Dr. Shailesh Vadodaria
		49	Liposuction of challenging areas	15 mins	Dr. Sanjay Parashar
		50	Liposuction in the Back and Extremities	15 mins	Dr Aditya Aggarwal
		51	Rapid body lift with maximum safety	15 mins	Dr. Mohan Rangaswamy
		52	Modifications in Lipoabdominoplasty for repair of Incisional hernias	15 mins	Dr James Roy Kanjoor
		53	Lipoabdominoplasty without drains	10 mins	Dr. Medha Bhave
		54	Brazilian ButtLift (Expansion, Vibration, Lipofilling)	10 mins	Dr Rajat Gupta
			Discussion/Q & A		
10.40 am onwards	Continuous Tea/Coffee service in Auditorium				
Session 11			Chairpersons: Dr AS Bath, Dr Naresh Wadhwa, Dr Viraj Tambwekar		
10.45 am - 1.15 pm	INDUSTRY SPONSORED SESSION	55	Next generation Botulinum Toxin: Prabotulinum Toxin (Nabota Sponsored Session)	30 mins	Dr. Viral Desai
		56	Minimally invasive facial sculpting- latest trends (Inmode Sponsored session)	30 mins	Dr Pier Paulo Rovatti
		57	Full Face Rejuvenation with Fillers (Allergan)	15 mins	Dr. Kuldeep Singh
		58	Lower Face Complications with Botox (Allergan)	15 mins	Dr. Viral Desai
		59	Nonvascular Complications of Fillers (Allergan)	20 mins	Dr. Kuldeep Singh
		60	Coolsculpting talk & demo (Allergan)	20 mins	Dr. Kuldeep Singh
		61	Volite Demo (Allergan)	20 mins	Dr. Kuldeep Singh

1.15 pm - 2.00 pm		LUNCH			
2.00pm - 3.00 pm		General Body meeting			
Session 12		Chairpersons: Dr Vijay Davalbhakta, Dr Ravindra Bharathi, Dr M F Shaikh			
3.00pm - 3.45pm	Free Paper session	62	6 Simple tricks or tips to achieve best result in hair transplant	6 mins	Dr Suresh Chaware
		63	Novel technique for Dorsum reconstruction in Rhinoplasty	6 mins	Dr Prasanth Kesari
		64	Prosthetic Options for Facial Defects	6 mins	Dr Reiyal Goveas
		65	Creating an Aesthetic Glans in Penile Reconstruction: A Modified Flap Design	4 mins	Dr Choden Norbu
		66	Breast implant capsular contracture- Reasons and management	6 mins	Dr Anand Joshi
		67	Challenges in starting and maintaining a solo Aesthetic surgery practice in the first 3 years	6 mins	Dr Saumya Kumar Nayak
		68	Augmentation Rhinoplasty with Silicon Nasal Implant- An experience of 12 years Stand-by Paper	6 mins	Dr Suresh Chaware
		69	Silicon Implants - Is it a viable option for nasal dorsal augmentationStand-by Paper	6 mins	Dr Anand Joshi
3.45pm - 4.15pm		Valedictory Function			
Session 13		Chairpersons: Dr Jose Tharayil, Dr R P Narayan, Dr Sundeep Vijayraghavan			
4.15pm - 5.00pm	Complications Session	70	Algorithm for management of complications of fillers including stem cells	10 mins	Dr. Mohan Rangaswamy
		71	Lessons from a fatal critical incident following Brazilian Butt Lift	10 mins	Dr. Shailesh Vadodaria
		72	Complications in Aesthetic Breast Surgery	12 mins	Dr Sandeep Sharma
		73	Avoiding trouble in abdominoplasty	12 mins	Dr. Mohan Rangaswamy
			Discussion/Q & A		

<u>ADDITIONAL PROGRAM IN CONFERENCE ROOM</u>					
Sunday, 16th February	6.00pm - 6.30pm		Video: Rhinoplasty Case Study		Dr Lokesh Kumar
	6.30pm - 7.30pm		Video: Total Fat Solution & Liposculpture - One stop technology		Dr. Pier Paolo Rovatti
Monday, 17th February	6.00pm - 7.00 pm		1. Power Assisted Buttock Fat Grafting: Safe and Fast technique		Dr Mohan Rangaswamy
			2. J Plasma technique of Liposculpturing		
			3. How to tackle all types of Gynaecomastia: Grade 1 to Post-bariatric cases		